



MALE ROOM INC.

First Male Room Newsletter

September 2016

Who We Are

For those of you unaware, Male Room Incorporated is the only service in Nelson that specialises in working with males in a social service capacity. We have been a fixture in the region for over a decade and in this time we have helped hundreds of men and their families through difficult times in their lives.

This Newsletter has been designed primarily for agencies that are looking for up to date news regarding research around males in society, information around how to best work with males, or the most effective way to refer a client to our service if you feel that would have the best impact for the client.

Throughout this newsletter you will find a variety of articles around Male Room Incorporated, including a brief history, the staff - both frontline and auxiliary - and the services we provide, both historically and recently.

Male Room Incorporated is also an affiliate branch of Male Sexual Abuse Survivors Trust Aotearoa New Zealand [MSSATANZ], and in this capacity we work from a peer support model with male survivors of abuse.

Thanks,
Philip Chapman
Male Room Incorporated Director

“The support I received from the Male Room as I tried to come to terms with the abuse I went through as a child, helped me create a future mostly free from the damaging memories that painted me as a ‘no good’ person.

*- Joe, 58
Client at Male Room Inc.*

Join us in the fight against Childhood Sexual Abuse!

Bad things happen to good boys.

A multi-authored first hand account of surviving sexual abuse, penned by members of the Male Room’s Sexual abuse survivor group.

Sexual abuse support advocates **Ken Clearwater & Louise Nicholas** are the keynote speakers for the launch of this unique and thought-provoking title.

All are welcome to come and hear experts in the field speak about the book, the topic, and how we can support and remove the stigma of being a survivor of childhood sexual abuse.

Watch this space to find out when this ground-breaking title will be launched!

In This Issue

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- *Bad things happen to good boys* Book Launch
- Our History
- The Team
- Our Service
- Current Events at the Male Room



Philip Chapman, Male Room Founder/Director

Male Room History

The Male Room began life as the Nelson Neighbourhood Centre; many of you may remember it, or may have even attended or had a child who attended it! This continued for a number of years, providing afterschool and holiday care and support for children and families in the Nelson region when there was little else around.

After working and supporting families for a time, it soon became obvious that many of the families were single mothers and the children often lacked a father figure in their lives for whatever reason. This realization helped to become the catalyst upon which one of the first programs began. This program was tailored to improving and showcasing the importance of fathers being involved in their children's lives.

From this first humble fathering program, the Nelson Neighbourhood Centre continued to develop and implement a variety of programs focusing around the family unit, as well as providing research that undeniably showed the importance of fatherhood for their children's sake.

Since the Male Room began, we have had thousands of men and their families come through and access our services; whether it be for help with grief, separation counselling, Police Safety Orders, or working to support male survivors of Sexual abuse, as well as any other obstacles in their lives.

The Team

Our team at the Male Room consists of front line staff:

- Director
- Office Manager
- Project Manager
- Counsellors
- Legal Representative

Board members with experience in:

- Nursing Backgrounds
- Alcohol and Other Drug Rehabilitation
- Sexual Abuse Survivor Counselling

The only service dedicated to and specialising in, working with men.

Dealing with men's problems, not the problem of men.

Additional Services

Sexual Addictions

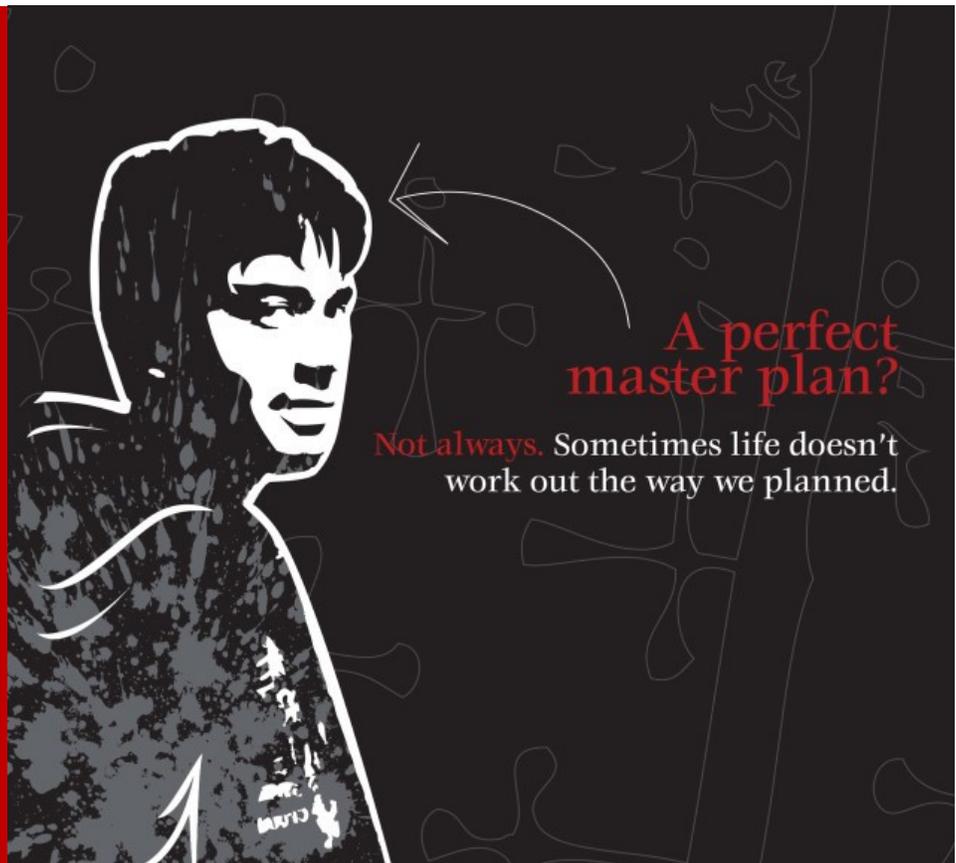
In addition to the services below, we also work at the forefront of sexual addiction services in males. These services range from pornography to sex addiction.

Male Victims of Sexual Abuse

1 in 6 sexual abuse victims are male. As these statistics show, there is an evident need for support for those that have been victimized in sexual situations, and the Male Room is available to work with and support those individuals or families that wish to make this journey, or refer onwards if that option would better serve the client.

Research Team

We also have a highly esteemed research team that has published on the topics of fatherhood, young adults in relationships, men's health and access to services, couples views on the role of fathers, separation, and sexual abuse. This team is more than happy to both present their findings to your organization, or can be contracted out to research on your behalf.



Services We Provide

First and foremost, we offer a free service for all clients.

We have a variety of services at the Male Room, and we maintain a strict professional confidentiality for all our clients regarding the services they received and the content of the sessions.

We offer counselling services – both general and specific— from our team of counselling and support staff. For those going through separation, divorce, or any other difficult time we can offer tailored counselling support in this incredibly difficult time.

For those issued with a Police Safety Order [PSO] and without a place to stay, the Male Room offers accommodation at a local apartment complex for a night free of charge, as well as discuss and support through any legal queries that a client may face. We also work with victims and offenders of physical assault.

Speakers for conferences are also available and have experience internationally and nationally, presenting at a variety of governmental, community, and private business conferences.

This Month at The Male Room

These days, Male Room Inc. team has expanded from when it was just Philip working day in and day out to support Nelson families; we have a highly successful research branch that is currently working with Te Rito: Stopping Violence Network Nelson, to do a project based on men's views on domestic violence and how to reduce it substantially, both nationally and in our community.

We are also working towards publishing a book penned by members of the Male Survivors of Sexual Abuse group we hold fortnightly, about their experiences and their journey based around the trauma and life lived after.

The men writing the book are doing it in the hopes that by describing their journey through the abuse, and coming out the other side, other survivors—regardless of gender—will read the book and begin to make their way through the process of disclosure and healing.

It is our aim by publishing these stark and honest accounts of abuse, that our nation will work towards better supporting and understanding the effects that sexual abuse has on the survivors, as well as reducing the stigmas associated with disclosure of abuse.

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For Information regarding either Male Survivors of Sexual Abuse or Bad things happen to good boys Book launch, please contact us at your leisure using the above information.